

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

May 2021

<p>11am Room Visits(AF). 1pm Room Visits(AF) <small>May Day</small></p>							1
<p>11am Spiritual Support(AF) 2 1pm Room Visits(AF)</p>	<p>10:30 Music Appreciation(MD) 3 2:30 Room Visits(AF)</p>	<p>ALL DAY 4 Family Visits(RL,OC) Virtual Calls(AF)</p>	<p>10:30 Trivial Pursuit (MD) 5 2:30 Cinco de Mayo Appreciation(MD) <small>Cinco de Mayo</small></p>	<p>ALL DAY 6 Family Visits(RL,OC) Virtual Calls(AF)</p>	<p>10:30 Mother's Day Coffee & Muffins(MD) 7 2:30 Mother's Day Karaoke (MD)</p>	<p>11am Room Visits(AF) 8 1pm Room Visits(AF)</p>	
<p>11am Spiritual Support(AF) 9 1pm Room Visits(AF) <small>Mother's Day</small></p>	<p>10:30 Coffee Social(MD) 10 12:00 Unit Cookout 2:30 Room Visits(AF)</p>	<p>ALL DAY 11 Family Visits(RL,OC) Virtual Calls(AF)</p>	<p>10:30 Sing Along(MD) 12 2:30 Ice Cream Unit Social</p>	<p>ALL DAY 13 Family Visits(RL,OC) Virtual Calls(AF)</p>	<p>10:30 Zumba Fitness(MD) 14 2:30 Happy Hour(MD)</p>	<p>11am Room Visits(AF) 15 1pm Room Visits(AF) <small>Armed Forces Day</small></p>	
<p>11am Spiritual Support(AF) 16 1pm Room Visits(AF) <small>Shavuot Begins</small></p>	<p>10:30 Trivial Pursuit(MD) 17 2:30 Room Visits(AF)</p>	<p>ALL DAY 18 Family Visits(RL,OC) Virtual Calls(AF)</p>	<p>10:30 Coffee Social(MD) 19 2:30 Resident Council Meeting(MD)</p>	<p>ALL DAY 20 Family Visits(RL,OC) Virtual Calls(AF)</p>	<p>10:30 Sing Along(MD) 21 2:30 Movie & Snacks(MD)</p>	<p>11am Room Visits(AF) 22 1pm Room Visits(AF)</p>	
<p>11am Spiritual Support(AF) 23 1pm Room Visits(AF)</p>	<p>10:30 Sing Along(MD) 24 2:30 Room Visits(AF) <small>Victoria Day (Canada)</small></p>	<p>ALL DAY 25 Family Visits(RL,OC) Virtual Calls(AF)</p>	<p>10:30 Arts 'N' Craft(MD) 26 2:30 Women & Men's Group(MD)</p>	<p>ALL DAY 27 Family Visits(RL,OC) Virtual Calls(AF)</p>	<p>10:30 Zumba Fitness(MD) 28 2:30 Music & Ice Cream(MD)</p>	<p>11am Room Visits(AF) 29 1pm Room Visits(AF)</p>	
<p>11am Spiritual Support(AF) 30 1pm Room Visits(AF)</p>	<p>10:30 Coffee Social(MD) 31 2:30 Room Visits(MD) <small>Memorial Day</small></p>	<p>INSPIRE HEALTH & REHAB CENTER 2131 OST NW, WASHINGTON DC 20037</p>					

ALL ACTIVITIES ARE SUBJECT TO CHANGE! LOCATION CODES: MD-Main Dining Room AF-All Floors RL-Residents Lounge OC-Outside Courtyard